



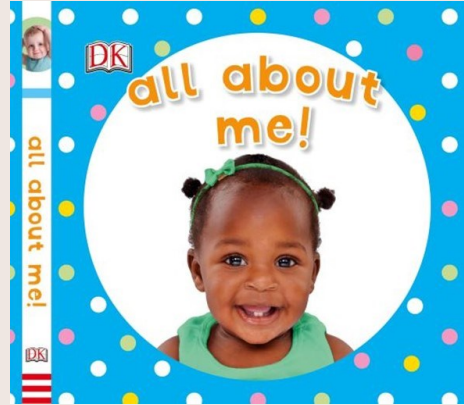
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Book Tip Sheet

All About Me

Dorling Kindersley

This is a beautiful book with real photographs of children discovering their bodies. It's perfect to share during play time or while out and about during the day. Your child will love looking at the other babies and toddlers, as well as doing the various actions.



BEFORE READING...

- ▶ Point to the title of the book and read it aloud. Point to the polka-dots on the front cover and count a few out loud.
- ▶ Help your child hold or touch the book, open the pages and explore the images inside before reading the words.



WHILE READING...

- ▶ Follow along to the movements in the story, helping your baby to do them (e.g. clap their hands) or doing it for them (e.g. pat their head).
- ▶ Notice which images catch your child's attention or the actions they especially enjoy. You can read those pages over and over before moving on with the book.



AFTER READING...

- ▶ Extend on the learning in the story by singing the song 'Head, shoulders, knees and toes'.
- ▶ Time on the floor (on their back or tummy) helps babies discover their bodies and learn to move in ways they can't do when strapped into a carrier or seat.



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