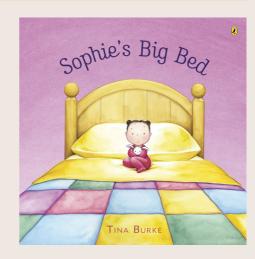


Book Tip Sheet

Sophie's Big Bed

Tina Burke

This story deals with how a little girl feels about moving from her cot to a big bed. Books that talk about these types of changes are great to share with children as you are making big moves. Sharing this experience with other children in stories makes your child feel secure and at ease that 'if Sophie can move beds, so can l'.

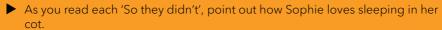


BEFORE READING...



- Look at the cover and point out Sophie in her big bed. Tell your child that she looks a little bit worried.
- Point to her bunny and talk about how it must be special to Sophie because she is cuddling it a lot.

WHILE READING...





At each page where Sophie and her animal friend are not sure about the big bed, agree and say, 'Yes she's right they might get lost in the sheets, I wonder what they will do?'

AFTER READING...



- Talk about how peaceful Sophie and her friends look sleeping in her big bed. Perhaps your child has a big bed they are going into soon; maybe you can take them to see it, sit on it or have a pretend sleep.
- Reread this story often and keep some of your child's soft toys with you so you can act out all of them getting used to the big bed.

Email read@unitedway.com.au for address changes or any questions!