



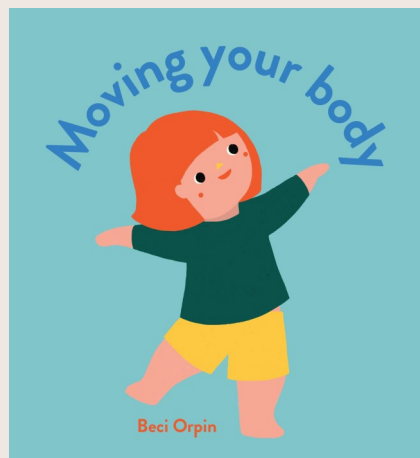
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Book Tip Sheet

Moving Your Body

Beci Orpin

Learn about the different movements we can do in this vibrantly illustrated board book, with simple and fun text, from one of Australia's leading designer-illustrators, Beci Orpin.



BEFORE READING...



- ▶ Get ready to read: find a comfortable and quiet spot to read together.
- ▶ Show your child the book and let them hold it. Let them explore how it feels and try holding it the right way up and turning the pages, then when you're ready to read you can hold the book where they can see it.

WHILE READING...



- ▶ Take your time on each page so your child has time to look at the pictures. Hearing you read (or describe the pictures in your own way or language other than English) and seeing the illustrations helps them make meaning from your words.
- ▶ Move your child's body along with the actions, e.g. stretch their arms out for "Fly with your arms" and gently squeeze their nose for "Sneeze with your nose".

AFTER READING...



- ▶ Try describing what you're doing to your child, for example narrate each step of getting dressed or strapping them into the pram or car seat.
- ▶ Point to and name each body part while they are in the bath. Encourage your child to find body parts when you ask them "where's your ears?" "show me your hands."

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