



Dolly Parton's IMAGINATION LIBRARY

Book Tip Sheet

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Ladybird Photographic - My Body

Ladybird

You can read this book in any language, not just English! Point at the words and photos in the book and name the body parts, actions, feelings, and clothing. You and your child can explore the photos and make connections to their own body as you read.



BEFORE READING...



- ▶ Sit with your child on your lap or next to you and help them hold the book.
- ▶ Look at the front cover together and say "Look at the children, what can we see? Smiling, dancing, jumping!", pointing to each child as you say the word.

WHILE READING...



- ▶ Point to a part of the body and say the word e.g. 'head' then ask your child "Where is your head?". If they can't point to it, point to it for them and say "There's your head!"
- ▶ On the feelings page, choose a feeling and name it for your child e.g. "surprised" and act out a surprised look. Ask your child "Can you do that?" You can do the same with the movements page even if they can't do all of them yet.

AFTER READING...



- ▶ Sing "Heads, Shoulders, Knees and Toes" with your child, pointing to each body part. You can sing it again and change the words to different body parts.
- ▶ Keep this book where your child can reach it. Young children often enjoy looking at photos of other children. Try giving it to them to look at during nappy changes or in the car.

Email read@unitedway.com.au for address changes or any questions!